

COMMUNITY HEALTH NURSING – II

Time : Theory – 90 hours

Practical – 135 hours

Unit Time (Hrs)	Learning Objectives	Content	Outcome
Unit I (4 hrs)	Define Concepts, scope, Principles and historical development of Community Health and Community health Nursing	<p>Introduction</p> <ul style="list-style-type: none"> · Definition, concept & scope of community health nursing · Historical development of <ul style="list-style-type: none"> □ Community Health □ Community Health Nursing - Pre- Independence - Post – Independence Client’s rights-CPA Professional responsibility in community health care Ethical principles Application of ethics in Community health practice Govt. & legal influence on community health nursing practice Law in community health nursing 	Students will be able to Define Concepts, scope, Principles and historical Development of Community Health and Community health Nursing.
Unit II (6 hrs)	· Describe health plans, polices, various health Committees and health problems in India	<p>Health Planning and Polices and Problems</p> <ul style="list-style-type: none"> · National health planning in India Five year Plan’s · Various committees and commissions on health and family welfare <ul style="list-style-type: none"> □ Central council for health and family welfare (CCH and FW) □ National Health polices (1983, 2002) □ National population policy □ Rural health mission <ul style="list-style-type: none"> · Health problems in India 	Students will be able to describe health plans, polices, various health Committees and health problems in India.

Unit Time (Hrs)	Learning Objectives	Content	Outcome
Unit III (15 hrs)	<ul style="list-style-type: none"> · Describe the system of delivery of community Health services in rural and urban areas · List the functions of various levels and Their staffing pattern · Explain the components of health services · Describe alternative systems of health promotion and health maintenance · Describe the chain of referral system 	<p>Delivery of community health services</p> <ul style="list-style-type: none"> · Planning, budgeting and material management of SCs, PHC and CHC · Rural: Organization, staffing and functions of rural health services provided by government at: <ul style="list-style-type: none"> □ Village □ Subcentre □ Primary health center □ Community health center/ sub divisional □ Hospitals □ District □ State □ Center · Urban: Organization, staffing and functions of urban health services provided by government at: <ul style="list-style-type: none"> □ Slums □ Dispensaries □ Material and child health centers □ Special Clinics □ Hospitals □ Corporation/ Municipality/ Board. · Components of health services <ul style="list-style-type: none"> □ Environmental sanitation □ Health education □ Vital statistics □ M.C.H. antenatal, natal, postnatal, MTP Act, female feticide act, child adoption act □ Family welfare □ National health 	<p>Students will be able to describe the system of delivery of community Health services in rural and urban areas, list the functions of various levels and their staffing pattern, explain the components of health services, describe alternative systems of health promotion and health maintenance, describe the chain of referral system.</p>

		<p>programmes</p> <ul style="list-style-type: none"> □ School health services □ Occupational health □ Defense service □ Institutional services <p>· Systems of medicine and health care</p> <ul style="list-style-type: none"> □ Allopathy □ Indian system of medicine and Homeopathy □ Alternative health care systems like yoga, meditation, social and spiritual healing etc. <p>· Referral system</p>	
<p>Unit IV (25 hrs)</p>	<p>· Describe Community Health Nursing approaches and concepts</p> <p>· Describe the roles and responsibility of Community health nursing personnel</p> <p>.</p>	<p>Community health nursing approaches, concepts and roles and responsibilities of nursing personnel</p> <p>· Approaches</p> <ul style="list-style-type: none"> □ Nursing theories and nursing process □ Epidemiological approach □ Problem solving approach □ Evidence based approach empowering people to care for themselves <p>· Concepts of primary Health Care:</p> <ul style="list-style-type: none"> □ Equitable distribution □ Community participation □ Focus on prevention □ Use of appropriate technology □ Multi sectoral approach. <p>· Roles and responsibilities of Community health nursing personnel in</p> <ul style="list-style-type: none"> □ Family health services □ Information Education Communication (IEC) □ Management information System (MIS): maintenance of Records & Reports □ Training and supervision of 	<p>Students will be able to :· describe Community Health Nursing approaches and concepts</p> <p>· Describe the roles and Responsibility of Community health nursing personnel</p>

		<p>various categories of health workers</p> <ul style="list-style-type: none">□ National Health Programmes□ Environmental sanitation□ Maternal and child health and family welfare□ Treatment of minor ailments□ School health services□ Occupational health□ Organization of clinics, camps: types, preparation, planning, conduct and evaluation□ Waste management in the center, clinics etc.· Home visit: Concept, Principles, Process, techniques: Bag Technique home visit· Qualities of Community Health Nurse· Job description of Community health nursing personnel.	
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Unit Time (Hrs)	Learning Objectives	Content	Outcome
Unit V (15 hrs)	·Describe and appreciate the activities of Community health nurse in assisting individuals and groups to promote and maintain their health.	<p>Assisting individuals and groups to promote and maintain their health</p> <ul style="list-style-type: none"> · Empowerment for self care of individuals, families and groups in – A. Assessment of Self and family <ul style="list-style-type: none"> □ Monitoring growth and development - Mile stones - Weight measurement - Social development □ Temperature and Blood pressure monitoring □ Menstrual cycle □ Breast, self examination and testicles □ Warning signs of various diseases □ Tests: Urine for sugar and albumin, blood sugar B. Seek health services for <ul style="list-style-type: none"> □ Routine checkup □ Immunization □ Counseling diagnosis □ Treatment □ Follow up C. Maintenance of health records for self and family D. Continue medical care and follow up in community for various diseases and disabilities E. Carryout therapeutic procedures as prescribed/ required for self and family F. Waste Management <ul style="list-style-type: none"> □ Collection and disposable of waste at home and community G. Sensitize and handle social issues affecting health and development for self and 	Student will be able to Describe and appreciate the activities of Community health nurse in assisting individuals and groups to promote and maintain their health.

		<p>family</p> <ul style="list-style-type: none"> · Women Empowerment · Women and child abuse · Abuse of elders · Female feticide · Commercial sex workers · Food adulteration · Substance abuse <p>H. Utilize community resources for self and family</p> <ul style="list-style-type: none"> □ Trauma services □ Old age homes □ Orphanage □ Homes for physically and mentally challenged individuals □ Homes for destitute 	
<p>Unit VI (20 hrs)</p>	<ul style="list-style-type: none"> · Describe national health and family welfare programmes and role of a nurse · Describe the Various health schemes in India. 	<p>National health and family welfare programmes and the role of a nurse</p> <ol style="list-style-type: none"> 1. National API programme 2. Revised National tuberculosis control programme (RNTCP) 3. National Anti- Malaria programme 4. National Filaria control programme 5. National Guinea worm eradication programme 6. National Leprosy eradication programme 7. National AIDS control programme 8. STD control programme 9. National Programme for Control of blindness 10. Iodine deficiency disorder programme 11. Expanded programme on immunization 12. National Family welfare Programme – RCH programme historical development, organization, administration, research, constraints 	<p>Students will be able to · describe national health and family welfare programmes and role of a nurse and the Various health schemes in India.</p>

		<p>13.National water supply and sanitation programme</p> <p>14.Minimum Need programme</p> <p>15.National diabetics control programme</p> <p>16.Polio eradication: pulse polio programme</p> <p>17.National cancer control programme</p> <p>18.Yaws eradication programme</p> <p>19.National Nutritional Anemia Prophylaxis programme</p> <p>20.20 point programme</p> <p>21.ICDS programme</p> <p>22.Mid day meal applied nutritional programme</p> <p>23.National mental health programme</p> <ul style="list-style-type: none"> · Health Schemes - ESI -CGHS -Health insurance 	
<p>Unit VII (5hrs)</p>	<p>· Explain the roles and functions of various national and international health agencies.</p>	<p>Health Agencies International – WHO, UNFPA, UNDP, World Bank, FAO, UNICERF, DANIDA, European, Commission (EC), Red Cross, USAID, UNESCO, Colombo plan, ILO, CARE etc. National – Indian Red Cross, Indian Council for child welfare, Family planning Association of India etc.</p>	<p>Students will be able to Explain the roles and functions of various national and international health agencies.</p>